



# SPECIFICATION SHEET - 1KG TENTACLES ONLY



## Abrolhos Octopus, Western Australia's freshest and finest

This an MSC certified fishery, where the O' Tetricus Octopus is sustainably caught in the pristine waters off the Abrolhos Islands and along the coast of Western Australia. With a natural diet rich in shellfish, this unique species is prized for its superior taste and tender texture.

To ensure the highest quality and freshness, we prepare and pack the catch on the harbour's edge in our state-of-the-art processing facility. It's no surprise that this octopus has been celebrated by leading chefs all over the world as the best they've ever tasted.

## Far better yield, no tenderising process required, less preparation time

NUTRITION FACTS		Quantity per Serving	Quantity per 100g	% Daily Vaue
Energy		306kJ	306kJ	3.65%
Protein		14.4g	14.4g	28.80%
Fat	Total	0.76g	0.76g	0.97%
	Saturated	0.2g	0.2g	1%
	Trans	0g	0g	0.00%
Omega3		0.3g	0.3g	1.50%
Carbohydrate		1.9g	1.9g	0.69%
	Sugars	0.1g	0.1g	0.20%
Sodium		300mg	300mg	13.04%
Vitamin A		0 IU	0 IU	0.00%
Vitamin C		0mg	0mg	0.00%
Calcium		0mg	0mg	0.00%
Iron		5mg	5mg	27.78%
Selenium		5µg	5µg	9.09%
Vitamin B12		0.3µg	0.3µg	12.50%

### RAW OCTOPUS 1KG - TENTACLES ONLY



CARTON 5 X 1 KG



L 380mm, W230mm, D155mm

Contents: 100% Natural West Australian O. tetricus Octopus  
No artificial additives or preservatives  
Contains Octopus (Mollusc)

May contain traces of Fish, Crustacean

KEEP FROZEN AT OR BELOW -18° (-0.4°F) AT ALL TIMES

USE WITHIN 3 DAYS OF THAWING

Product Code FF1149  
Establishment Number 832

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## APPROVALS - MSC, HACCP, US FDA, CHINA EXPORT, EU EXPORT

